

The Restorative Wellness Project Overview



- 1) Introduction to Restorative Counselling
- 2) RECONCILIATION: Our Story So Far
- 3) Our IMPACT and Goals
- 4) Where the Money Goes.
- 5) Next Steps: Hopes and Goals



RestorativeCounselling



RWP Group Program
Restorative Wellness Project



Restorative Counselling CLINICAL RESEARCH / CONFERENCES & TRAINING

- CLINICAL DIRECTORS FOR COUNSELLING / SOCIAL WORK SERVICES @ RWP
- 1:1 COUNSELLING
- GROUP LEAD FACILITATOR
- PRACTICUMS / GRAD STUDENT SUPERVISION
- TRAINS CLINICIANS
- TRAVEL TO REMOTE LOCATIONS TO TRAIN CLINICIANS / PRESENT AT CONFERENCES
- MAINTAINS DIGITAL LIBRARY
- RESPONSIBLE FOR VIDEO EDITING AND CREATION OF TRAINING VIDEOS / DIGITAL CURRICULUM
- RETREATS, CIRCLE TRAINING AND INTENSIVES

RESTORATIVE COMMUNITY HEALTH FOUNDATION
RUN BY VOLUNTEERS 7 GRADUATE STUDENTS FOR SUPPORT
WITH GRANT APPLICATIONS AND FUNDRAISING
 CHARITABLE
 SOCIETY EST
 2021

RCHF (FOUNDATION)

- RAISES FUNDS TO SUPPORT RESTORATIVE COUNSELLING PRACTICES AND TRAINING
- RAISES FUNDS TO SUPPORT THE GROWTH OF RWP GROUP PROGRAM THROUGH CANADA, GROUP SUPPLIES AND TRADITIONAL GIFTS AS WELL AS RESPONSIVE SERVICES THAT ARE REQUESTED BY COMMUNITY



RestorativeCounselling

RESTORATIVE COUNSELLING EST 2012
KRISTEN VALERIO
 THEORETICAL
 ORIENTATION &
 PRIVATE
 PRACTICE



RestorativeCounselling

RESTORATIVE COUNSELLING EAST
DANIELLE BERUBE
 BUSINESS

RWP GROUPS

GROUP PROGRAM DELIVERY ADMINISTRATION, PAYROLL & BENEFITS

- PROGRAM MANAGEMENT (HR CONTRACTS)
- CONTRACTS TEAM FOR RWP PROGRAM DELIVERY (FACILITATORS, CLINICIANS, ADMIN, VIDEO EDITING, WEBSITE MAINTENANCE, MARKETING)
- DEDUCTS TAXES, CPP, RWP ADMIN FEES AND EXTENDED BENEFIT PAYMENTS (WHEN APPLICABLE) FROM CONTRACTOR PAY
- FNHA / PBC/ NIHB & INSURANCE BILLING, INVOICING, RECEIPTS / ACCOUNTS PAYABLE
- COMMITTED TO TRAINING CLINICIANS IN CULTURALLY ENRICHED MENTAL HEALTH SERVICES
- RECEIVES FUNDS FROM GRANTS AND FOUNDATION TO COVER COSTS OF RUNNING GROUP PROGRAM AND HONORARIUMS / TRADITIONAL GIFTS FOR ELDERS & PARTICIPANTS
- WORKBOOKS, CERTIFICATES & MAILING
- STORES INTAKES, CONSENTS AND GROUP CONTENT, ATTENDANCE AND PARTICIPATION LISTS
- MANAGES RESTWP OUTLOOK ADDRESSES FOR STUDENTS AND TEAM MEMBERS



RESTORATIVE WELLNESS PROJECT
 START DATE FEB 2019

RWP SATELLITE CLINICIANS
 CONTRACTED GROUP FACILITATOR SERVICES

RWP SATELLITE CLINICIANS
 CONTRACTED GROUP FACILITATOR SERVICES



RestorativeCounselling

BUSINESS

RC NORTH NOT YET RUNNING

RESTORATIVE COMMUNITY HEALTH FOUNDATION

COMMITTED TO RESTORATIVE EFFORTS FOR
COMMUNITY HEALTH THROUGHOUT CANADA

ORGANIZATIONAL CHART

#3 RESTORATIVE COMMUNITY HEALTH FOUNDATION

Providing mental health supports to isolated communities through low-barrier, accessible, and culturally sensitive counselling services.

Priority populations we serve:

- Remote locations/reserves
- Residential school survivors and impacted family members
- Metis (status and non-status)
- First Nations
- Inuit
- LGBTQ2S+
- Differently abled (PWD)
- Low income



#3

RESTORATIVE COMMUNITY HEALTH FOUNDATION

ORGANIZATIONAL CHART

WORKING IN COLLABORATION TO CREATE SUSTAINABLE COMMUNITY SOLUTIONS



ADMINISTRATIVE
MANAGEMENT OF RWP
GROUPS BILLING
PAYROLL / HONORARIUM
GROUP SUPPLIES / MAILING
CONTRACTS / HR
FOR GROUPS, COACHING & 1:1
COUNSELLING



**RESTORATIVE COMMUNITY HEALTH FOUNDATION
CHARITABLE SOCIETY**

OUR DIRECTORS:
 1) PRESIDENT: CALVIN CRAIGON AND/ OR TERRANCE ALECK (RESIDENT ELDERS)
 2) VICE PRESIDENT: KRISTEN VALERIO OR DANIELLE BERUBE
 3) ACTING SECRETARY - DENA PERFECT (ADMIN DIRECTOR FOR RWP GROUP PROGRAM)
 4) TEMPORARY TREASURER & BOARD MEMBER AT LARGE: DR. DAWN LAPORTE (PSYCHIATRIST)

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#3

RESTORATIVE COMMUNITY HEALTH FOUNDATION

ORGANIZATIONAL CHART

THE PURPOSES OF THE SOCIETY ARE:

(A) TO LEAD A RECONCILIATION EFFORT BY AN INDIGENOUS AND ELDER-LED GROUP OR COLLECTIVE COMPRISED OF INDEPENDENT CONTRACTORS AND HELPERS TO OFFER PROGRAMS AND SERVICES IN A TRAUMA INFORMED WAY, WHICH GROUP OR COLLECTIVE IS COMMITTED TO DECOLONIZING MENTAL HEALTH AND ADDICTION SERVICES TO INDIGENOUS PERSONS, FIRST NATIONS, METIS AND "ALL STATUS OR NON-STATUS COMMUNITY MEMBERS BY WEAVING IN CULTURE, MINDFULNESS AND SPIRITUALITY, ALL OF WHICH BEING CONSIDERED TO BE A RELEVANT PART OF PERSONAL WELLNESS FOR SUCH INDIVIDUALS, WHILE, AT THE SAME TIME, STRIVING TO BE INCLUSIVE OF ALL CREEDS, COLOURS AND FAITHS IN THE SPIRIT OF RESPECTFUL UNDERSTANDING AND INCLUSIVITY, BEING PROUDLY SUPPORTIVE OF ALL PEOPLE BOTH INSIDE AND OUTSIDE OF THE LGBTQ2S+ (QUEER) UMBRELLA AND ALL INDIVIDUALS HEALING FROM SUBSTANCE ABUSE CONCERNS, WITH A SPECIAL FOCUS ON PERSONS LOCATED ON ISOLATED AND UNDERSERVED REMOTE AREAS; AND

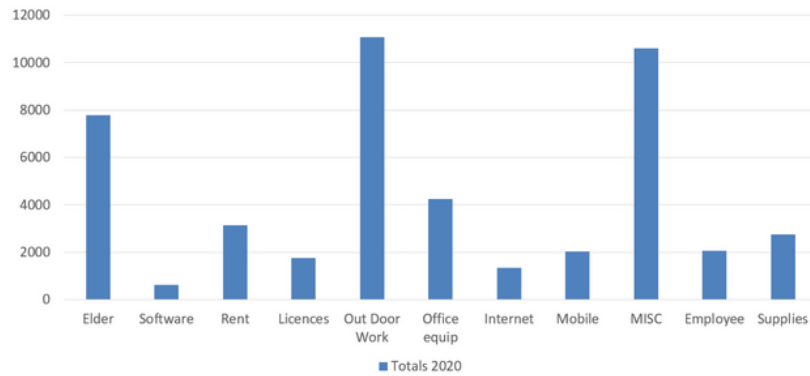
(B) TO RECEIVE GIFTS, BEQUESTS, FUNDS AND PROPERTY, AND TO HOLD, INVEST, ADMINISTER AND DISTRIBUTE FUNDS AND PROPERTY TO SUCH OTHER ORGANIZATIONS AS ARE "QUALIFIED DONEES" UNDER THE PROVISION OF THE INCOME TAX ACT (CANADA) WHICH ENGAGE AN INDIGENOUS AND ELDER-LED GROUP OR COLLECTIVE COMPRISED OF INDEPENDENT CONTRACTORS AND HELPERS TO PROVIDE INDIGENOUS-LED PROGRAMS AND SERVICES IN BRITISH COLUMBIA AND ELSEWHERE IN CANADA, WHICH GROUP OR COLLECTIVE BEING COMPRISED OF A LARGE AND HIGHLY DIVERSE NETWORK OF WISDOM KEEPERS, CONTRACTED CLINICAL COUNSELLORS, SOCIAL WORKERS, STUDENTS AND GROUP FACILITATORS WHO WORK TOGETHER IN COLLABORATION TO PROVIDE DYNAMIC HOLISTIC HEALTH AND WELLNESS PROGRAMS AND SERVICES TO THE INDIVIDUALS DESCRIBED IN PARAGRAPH (A) OF THIS CONSTITUTION WHO ARE HEALING FROM SUBSTANCE ABUSE CONCERNS, WITH PARTICULAR ATTENTION TO ACCESS AND DELIVERY OF PROGRAMS AND SERVICES TO PERSONS LOCATED ON ISOLATED AND UNDER-SERVED REMOTE AREAS.



Where the Money Goes...

Costs By Category 2020

Totals 2020



\$125K

**WORTH OF INDIVIDUAL
COUNSELLING
PROVIDED TO CLIENTS
BY DONATION IN 2021
ALONE THROUGH RWP**

**2021: \$28,201
offered to Elders and
Wisdom Keepers for
sharing teachings in
groups and at
retreats**

\$0

**IN FUNDING, GRANTS OR
DONATIONS TO DATE TO
DESIGN AND DELIVER OUR
GROUPS. ALL EFFORTS
HAVE BEEN FUNDED BY
DONATION FROM KRISTEN
AND DANIELLE**

**2021: \$153,000 PAID
TO OTHER RWP TEAM
MEMBERS BY
DANIELLE AND
KRISTEN FOR
ASSISTANCE WITH
RUNNING THE
PROGRAM.**

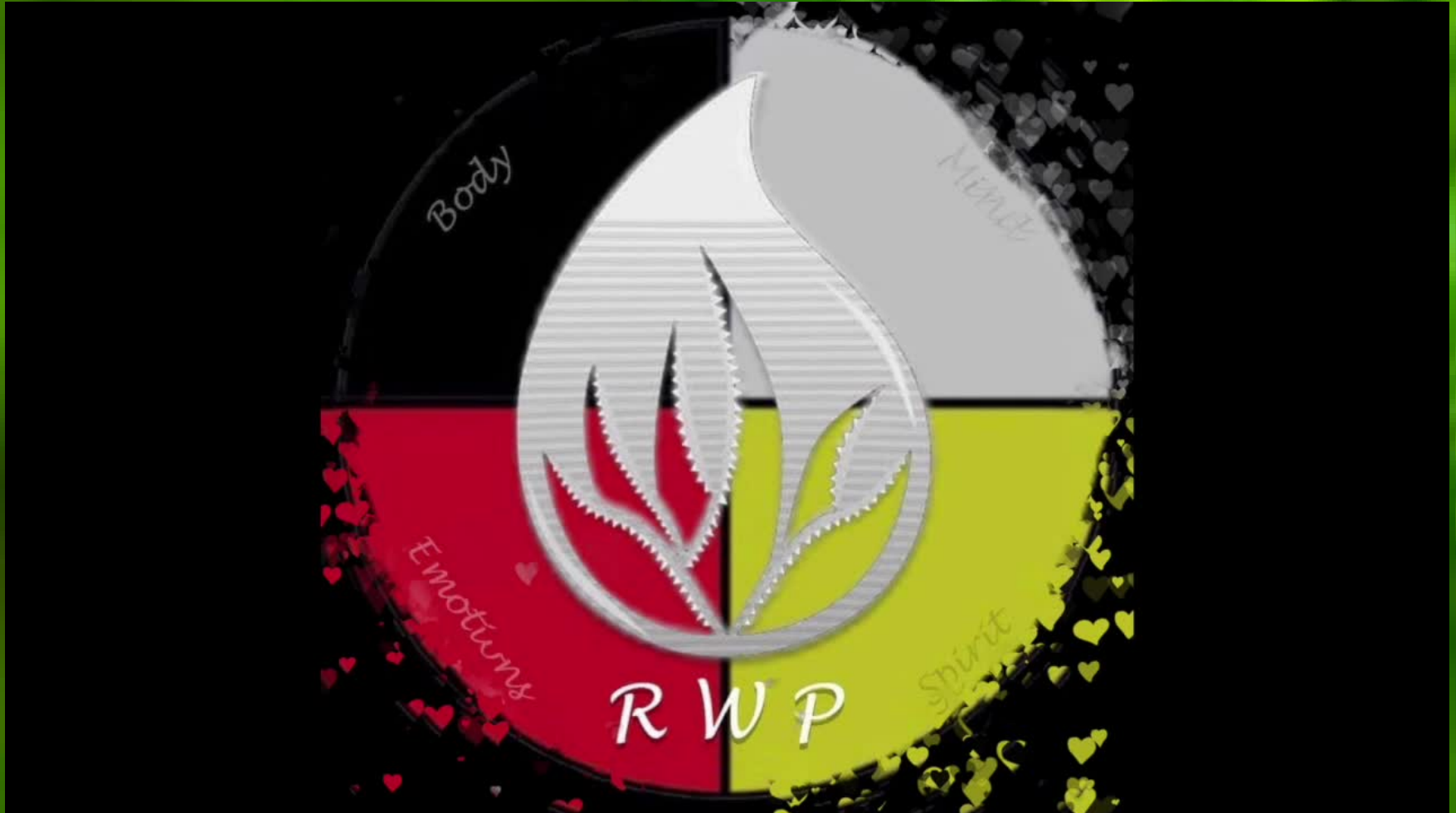
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**CLIENTS TURNED
AWAY DUE TO LACK OF
BENEFITS OR INCOME
TO COVER SERVICES
SINCE 2019**

**\$50,061 IN BUSINESS
EXPENSES TO MEET
INCREASED DEMAND
FOR GROUP
COUNSELLING
SERVICES IN 2021**

2021: Every Dollar Counts

A GLIMPSE INTO OUR GROUPS



**OTHER WAYS TO HELP
(WITH THE RCH FOUNDATION)
NON-PROFIT**

**PARTICIPATE IN GRANT WRITING ACCESS GRANTS TO OFFSET THE
COST OF PROGRAM SUPPLIES AND MAILING WORKBOOKS,
CLINICIANS CONTINUE TO PUT A PERCENTAGE TOWARD ELDER
HONORARIUM.**

**TRADITIONAL GIFTS AND CERTIFICATES THROUGH CANADA
MONTHLY SMALL PAYMENT \$10+ DOLLARS
TO SUPPORT COMMUNITY NEEDS**

CLINICAL RESEARCH GOALS

**HOST 2 CLINICAL PRACTICUM STUDENTS AND 2-3 SOCIAL JUSTICE PRACTICUM STUDENTS / YR
FROM GRADUATE STUDIES AS VOLUNTEERS FOR FOUNDATION.**

**RUN DATA, REVIEW AND REPORT AND SHARE RESEARCH FROM OUR LONGITUDINAL CLIENT
OUTCOME SCORES.**

